

- Rent-stabilized apartments: The New York City Rent Guidelines Board voted for a 0% increase for one-year renewal leases and no more than a 2% increase for two-year renewal leases between now and Sept 30, 2017.\*
- NYC Rent Freeze Program: New Yorkers 62+, or with a disability, who earn \$50,000 or less may be eligible for an even longer rent freeze.

To learn more about the Rent Guidelines Board's decision or determine if you qualify for the NYC Rent Freeze Program, please call 311 or visit NYC.GOV/FREEZEYOURRENT

Please call 711 for relay service for deaf/hard of hearing.







Hay dos formas en las cuales los neoyorquinos que viven en apartamentos de renta regulada pueden congelar su renta.

- Apartamentos de Renta Estabilizada: La Junta de Regulación de Renta votó por un aumento de 0% en renovaciones de contratos de renta a 1 año y un máximo de 2% de aumento en renovaciones de contratos de renta a 2 años. Esta regulación está vigente a partir de hoy y hasta el 30 de septiembre del 2017.\*
- El Programa de Congelación de Renta: Si usted tiene 62 años o más o tiene alguna discapacidad y sus ingresos son iguales o menores a \$50,000, podría ser elegible para una congelación de renta a largo plazo.

Para aprender más sobre la decisión de la Junta de Regulación de Renta o para determinar su elegibilidad para el programa de Congelación de Renta de La Ciudad de Nueva York, por favor llame al 311 o visite NYC.GOV/FREEZEYOURRENT Por favor, llame al 711 para el sistema retransmisor para personas sordas o con dificultad auditiva.







Lay back and enjoy the art at New Museum. 22

Knicks, Nets kick off their 2016-17 seasons. 27



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## 3 things you need to know

### **MEDIA REPORTS: COLIN POWELL WILL VOTE FOR CLINTON**

Colin Powell, who served as secretary of state in Republican President George W. Bush's administration, said he would vote for Hillary Clinton in the Nov. 8 presidential election, according to Newsday newspaper. Powell, who made the announcement at an event hosted by a Long Island business group in Woodbury, New York, said Republican Donald Trump was "not qualified" and had sold Americans a "bill of goods" that he could not deliver, Newsday said. "He has insulted America in one way almost every day," Powell said of Trump, according to the newspaper. "He has insulted Latino-Americans. He has insulted African-Americans. He has insulted women. He has insulted his own party. He has insulted our allies around the world one by one. He has insulted veterans," Powell said. REUTERS

### ALERT LEVEL RAISED FOR ALASKA VOLCANO AFTER **EXPLOSION DETECTED**

Scientists raised the alert level for a remote Aleutian volcano after an explosion was detected on the mountain an explosion was detected on the mountain and heard by residents ■ of a tiny village some 45 miles away, a monitoring website said. Cleveland Volcano, a 5,676-foot peak on the uninhabited Chuginadak Island, about 940 miles southwest of Anchorage, was raised to orange from yellow by the Alaska Volcano Observatory. The orange code is issued when a volcano is "exhibiting heightened or escalating unrest with increased potential of eruption," according to the observatory. A red code is issued when an eruption is imminent or underway. The observatory said that an explosion was detected on Cleveland by both infrasound and seismic data and heard by residents of Nikolski, a settlement of less than 50 people on Umnak Island about 45 miles to the east. REUTERS

### **BILL GATES FOUNDATION GIVES \$210M TO SEAT-**TLE-BASED UNIVERSITY

Microsoft founder Bill Gates through his founda-tion has donated \$210 million to an initiative based at the University of Washington in Seattle aimed at improving people's health around the world. The gift from the Bill & Melinda Gates Foundation, named after the billionaire and his wife, will be used to construct a building at the university to house its Population Health Initiative, the school said. The donation is one of the largest contributions to the University of Washington in the 155-year-old institution's history, it said. "Melinda and I are pleased to make this investment in the University of Washington to help dramatically accelerate their 25-year vision to achieve positive health outcomes for populations around the world," Gates said in a statement. REUTERS

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knowledge by going to www.metro.us
/news-quiz to submit your answers.

- 1. What record is new construction in the city about to break?
- 2. Where do the Giants land in this week's NFL power rankings?
- 3. Aussie singer-songwriter Ry X struck cover gold when which superstar covered his single "Berlin" for BBC Radio One?

# Firefighters, jailers, garbage collectors top list of city's sick leave users

The city's uniformed employees face a greater risk of on-the-job injury than other city workers.



Firefighters, prison guards and garbage collectors tend to use sick leave more than any other city employees, according to report compiled by the New York City Independent Budget Office.

Firefighters were absent for 7 percent of their scheduled work hours during the 2016 fiscal year, the report shows. That sick leave rate includes time off for injuries sustained on the job.

officers Correction missed slightly more that 6 percent of their scheduled work hours and sanitation workers missed 6 percent of their scheduled work hours.

By comparison, police officers missed less than 3 percent of their scheduled work hours, the report

One reason that uni-



formed employees of the FDNY, corrections department and sanitation department tend to use more sick leave than other municipal employees is that they face a greater risk of on-the-job injuries, the report states.

Another factor is that uniformed city employees are given unlimited sick time.

Sick leave by uniformed employees has financial consequences for the city.

"Sick leave usage by

uniformed employees is a key driver of city overtime spending — a set number of workers are needed, for example, for patrol cars or fire and sanitation trucks whether or not the regularly scheduled employees make it to work," wrote Bernard O'Brien, who prepared the report.

Firefighters and police officers on average use less sick leave than uniformed employees of the correction and sanitation departments — when on-the-job injuries are excluded.

The report also notes that 48 percent of police officers and 31 percent of firefighters used no sick leave at all in the 2016 fiscal year. "Conversely, 92 percent of correction officers and 90 percent of garbage collectors used at least some amount of sick leave for reasons other than being hurt on the job," O'Brien wrote.

In all four uniformed agencies, a small number of workers account for a disproportionate share of routine sick leave.

# Shirlene Quigley, backup dancer for Beyonce, Rihanna, found 'safe' but 'being treated'

A missing dancer who has performed with Beyonce, Rihanna, Jamie Foxx and Missy Elliott has been found, police in New Jersey reported Tuesday evening.

Shirlene Quigley, 32, of North Bergen, New Jersey, "is safe and being treated at an undisclosed location," according to a tweet from police.

They didn't elaborate on Quigley's condition or what type of treatment she is receiving.

Quigley boarded a bus at New York's Port Authority terminal around 1 a.m. Sunday, police said, adding that



Shirlene Quigley began her career dancing in Beyonce's "Crazy In Love"

her phone was found at a Chelsea bridal store, police said.

North Bergen police said on Facebook that the NYPD also recovered her vehicle.

After seeing her leave her apartment on Saturday afternoon, Quigley's landlord called one of her friends and said she seemed unwell, NBC4 reported.

Quigley's father, who lives in California, said that she recently told a friend, "Get ready, it's about to happen and I'm going to need you to sub for me." He said he became concerned after not hearing from his daughter, who usually calls him around 6 p.m. every day.

Quigley teaches at the Peridance Capezio Center and Broadway Dance Center in Manhattan, according to her website. She began her career at age 18 as one of the "uhh ohh girls" in Beyonce's "Crazy In Love" video.

After news of her disappearance broke Monday, Rihanna called Quigley a "beautiful soul" on Instagram, shared a video of the dancer and urged people to be kind to each other.

Missy Elliott also took to Instagram to help spread the news of Quigley's disappearance, but replaced the missing post with a more jubilant one.

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# New York City construction spending forecast to hit record

Demand for housing and office space are factors driving new construction.

Construction spending in New York City is on track this year to surpass the record set just before the financial crisis as an all-time high in city jobs drives strong demand for new housing and office space, an industry association said on Tuesday.

The New York Building Congress forecast construction spending this year will reach \$43.1 billion, a 26 perincrease from 2015 and the first time the metric will have eclipsed the \$40 billion mark in the city.

The association projected spending of \$42.1 billion in 2017 and \$42.3 billion the year after as the biggest building boom since the 1980s changes the skyline in downtown Manhattan, its far West Side and in Long Island City across the East River.

New York City employment has grown 18



percent since late 2009, the strongest pace in decades, as seasonally adjusted nonfarm employment rose to a record 4.3 million jobs in September, according to the state's Department

Growth in private sector jobs increased 2.3 percent in the city, faster than the U.S. average of 1.9 percent, as millennials seek to live, work and play in urban environments.

On an inflation-ad-

justed basis, this year's projected spending on residential and nonresidential buildings is 47 percent greater than 2007, the previous peak when \$31.1 billion was spent on city constructhe association

However, after-inflation government spending on infrastructure is expected to be 39 percent less than 2007, a sign the current boom is being driven more by the private sector than the previous surge when spending was split almost evenly.

Almost a dozen marquee office buildings will be completed or be under construction in Manhattan by 2018, including five towers in or nearby the mammoth Hudson Yards project on the far West Side, 3 World Trade Center downtown and One Vanderbilt adjacent to Grand Central Terminal in Midtown.

Global capital is in-creasingly looking to New York real estate for investment returns, which poses a double-edged sword, said Jesse M. Keenan, a faculty member at the Graduate School of Design at Harvard University.

While softening the economic cycle's downside, the capital flowing to New York also forces domestic returns lower.

It remains to be seen whether this money can diversify asset classes to repair decaying infrastructure, house the elderly and poor, or prevent the exodus of highly productive midcareer workers who cannot afford to raise families in the city, he

## **BRIEFS**

#### Police: Principal punched after asking student to remove headphones

A high school principal in lower Manhattan was attacked Monday after asking a student to turn down his headphones, police said.

Luis Penzo, 18, was walking through the halls of the Manhattan Early College School for Advertising (MECA) when its principal, Matthew Tossman, asked him to lower and remove his headphones, police said.

Following the request, Penzo

began punching Tossman in the head, police said. The principal was taken to Lower Manhattan Hospital after the altercation and later released.

Penzo was charged with second-degree assault.

'The safety and security of students and staff is our top priority, and we are looking into it," the Department of Education said in a statement about the incident.

MECA is housed in Murry Bergtraum High School on Pearl Street.



The incident took place inside this high school in lower Manhattan Monday.

# Nearly 75 percent of guns used in crimes in NY come from other states

Nearly three-fourths of all "crime guns" recovered by state law enforcement between 2010 and 2015 were purchased out-of-state, a new study

Lawmen seized 52,915 guns used in crimes in New York state during that time period, according to the report, "Target on Trafficking: Analysis of New York Crime Guns." Of those, 74 percent were purchased in other states.

"The data makes one thing abundantly clear: New York's strong gun laws are being undermined at every turn by lax laws in other states,' said Attorney General Eric Schneiderman said

Tuesday in releasing the report.

"It's time for the federal government — and other states — to take commonsense measures and ensure weak gun laws won't continue to take the lives of New Yorkers," he said.

More than half of the guns purchased out-ofstate were from the socalled Iron Pipeline, the states along Interstate 95 with lax gun laws, particularly Pennsylvania, Virginia, North Carolina, South Carolina, Georgia and Florida.

Nearly nine out of 10 handguns used in New York state crimes were purchased in other states, the report states.



Bullet holes from a Kalashnikov rifle in front windshield. ISTOCK

Among other findings in the report: - Only 6 percent of the

recovered guns were in the possession of the original buyer

- 57 percent of the total recovered guns were handguns

— 14 percent were rifles

— 11 percent were

The report is the first statewide study to breakdown data for recovered guns that have been connected to crimes. The study used data from the federal Bureau of Alcohol, Tobacco, Firearms and Explosives.

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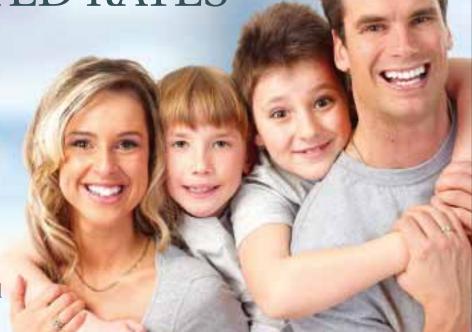
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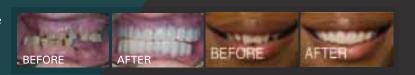
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# **US government says benchmark 2017** Healthcare.gov premiums up 25 percent

The average monthly premium for the benchmark plan is rising to \$302 from \$242 in 2016, the Department of Health and **Human Services** said. The agency attributed the large increase to insurers adjusting their premiums to reflect two years of cost data that became available.

The average premium benchmark 2017 insurance Obamacare plans sold on Healthcare.gov rose 25 percent compared with 2016, the U.S. government said on Monday, the biggest increase since the insurance first went on sale in 2013 for the following year.

The government provides income-based subsidies to about 85 percent of people enrolled, and those credits will increase with the higher premiums. It said 72 percent of consumers on Healthcare.gov will find plans with a premium of less than \$75 per month.

Despite the all-around hike, New Yorkers will enjoy an increase that is below the national aver-"Some of the plans that operate out of New York Ĉity and other regions did see some significant increases," Director of Insurance Programs for ACR Health Steve Wood said, according to WKTV2 Utica. "You're looking at federal market place increases that do not affect New York state. New York state has our own marketplace for health insurance. Our rate increases in New York state were between 5 percent and probably about 11 percent, 15 per-

Large national insurers including Aetna Inc., UnitedHealth Group Inc. and Anthem Inc. have said they are losing money on the exchanges, created under President Barack Obama's national health-care reform law, because patient costs are higher than anticipated and enrollment is lower than forecast. Both UnitedHealth and Aetna have pulled out of the ex-



A woman looking at the Healthcare.gov internet site. GETTY IMAGES

"You're looking at federal market place increases that do not affect New York state. New York state has our own marketplace for health insurance. Our rate increases in New York state were between 5 percent and probably about Il percent, 15 percent."

changes for 2017.

As a result, consumers will have fewer plans to choose from. In 2017, in five states there will

be offerings from only one insurance company. The government expects average monthly 2017 enrollment of 11.4 million people, up about 1 million from 2016.

Obama acknowledged last week that the law is not working perfectly but said the problems could be fixed if lawmakers created a government-run health insurance option that would help U.S. states where there is little or no competition.

increases Premium have become fodder for the presidential race, as Republican candidate Donald Trump calls for the repeal of the Affordable Ĉare Act if he is elected and Democrat Hillary Clinton calls for

expanding it.
The news "shows why the entire program must be repealed and replaced Mr. Trump knows the only way to fix our nation's failing health care system is complete and total reform," said Trump communications adviser Jason Miller.

The government agency said the 2017 premium increase comes after two years of very low increases in the marketplace for the second-lowest cost "silver" plan, the benchmark plan used to calculate cost-sharing subsidies.

Average premiums for the silver plan in-creased 2 percent in 2015 and were up 7 percent in 2016, the agency

The figure reflects premiums on Health-care.gov, the federally run website that sells plans for about two-thirds of the states. Including four states and the District of Columbia, which run their own insurance marketplaces, and those that have reported data, the average premium rose 22 percent, the agency said.

## **BRIEFS**

#### Police search for suspect in beating, sex assault of Bronx

Police are looking for a man who they say viciously beat and sexually assaulted a 15-year-old girl in a Bronx park.

The NYPD on Tuesday released images of the suspect taken by a surveillance camera.

The teen met the man just before 5 a.m. Monday at the Gun Hill Road subway station and the two walked toward Bronx Park, investigators said. Once near the corner of Bronx Boulevard and East 213th Street, the man beat and kicked the girl in the head and then sexually assaulted her, police said.

The man fled east on East 213 Street after the attack.

The teen suffered "significant" injuries to her head and was taken to Montefiore Medical Center Hospital, police said. She sustained a fractured pelvis, lost teeth and bruises to her head, police said.

"We believe she fought very hard," Chief of Detectives Robert Boyce told ABC7.

The suspect is described as having a medium build and is approximately 25 years old. He was last seen wearing a black Champion hooded sweatshirt with a "C" logo, blue jeans, black gloves and gray Timberland boots. His lips were also scabbed, police said.

Anyone with information about the suspect is asked to call the NYPD Crime Stoppers Hotline at 1-800-577-TIPS (8477) or for Spanish, 1-888-57-PISTA (74782). The public can also submit their tips by logging onto the Crime Stoppers website or by texting their tips to 274637 (CRIMES) then enter TIP577. All calls are strictly NIKKI M. MASCALI

Police: Man clutching his two children jumps from NJ overpass A man jumped off an overpass

in northern New Jersey with his two young sons in his arms on Monday, killing himself and injuring the children, police said.

The man, who was not identified, intentionally jumped from an Interstate 287 overpass into a wooded area near the Wanaque River in Wanaque Township at about 8 p.m., New Jersey State Police said in a news release.

The man, whose identity wasn't disclosed by police, was found dead at the scene.

His sons, ages 1 and 3, suffered concussions and the youngest son had a bruised lung, police said.

About an hour before the man jumped, a woman called Pequannock police to report that her husband had threatened to harm the children. State police were then able to locate the man using the GPS on his cellphone.

# WFAN's Mike Francesa: There's no breastfeeding in baseball

Two things not allowed in baseball: crying and breast pumps. The first Tom Hanks' character in "A League of Their Own" taught us. The latter came from the lips of WFAN host Mike Francesa.

On Monday, Francesa talked about the plans to refurbish Yankee Stadium. The \$20 million facelift will include a special section for nursing mothers, according to the

"I was wondering where those mothers could go during the games, so now that we have chairs with special breast pumps, we've got that covered," he said with sarcasm.

"Where do you go if you're nursing during the game?" he added. "Is



The Yankees announced \$20 million plans to spruce up the stadium, but KIMBERIY M AQUILINA

this the mall or Yankee Stadium?"

The plans also include five sponsored restaurants, a 2,850-square-foot playground shaped like a mini baseball field called The Sunrun Kids Clubhouse and seven areas for game attendees to mingle an addition which also did not sit well with the announcer.

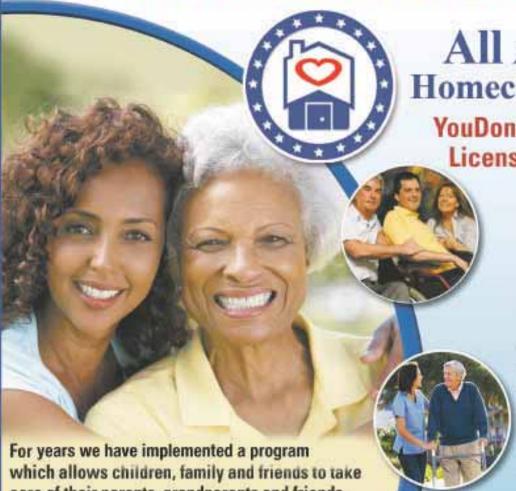
"Isn't there a game going on during this?"

Francesa complained. "Is this Match.com or is this the Yankees?"

The Yankees-themed playground will have additional private areas for nursing mothers with arm chairs and televisions so they don't miss the game.

"We want our youngest fans to feel as if Yankee Stadium is an extension of their local park or backyard," Yankees managing general partner Hal Steinbrenner said, according to the team's website. "The Sunrun Kids Clubhouse is designed to nurture their love for experiencing games in person, while providing parents the resources they need to keep their children entertained prior to and during the game."

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## **BRIEF**

#### U.S. Catholic health group hit with complaint over sterilization ban

The largest Roman Catholic health organization in the United States was accused in a federal complaint on Tuesday of failing to provide appropriate care by refusing on religious grounds to allow a pregnant woman with a brain tumor to be sterilized.

The complaint was filed by the American Civil Liberties

Union with the U.S. Department of Health and Human Services' Office for Civil Rights. It asks the health department to investigate the policies on sterilization of Ascension Health and its subsidiary, Genesys Health System, to see if they violate federal medical care regulations.

Jessica Mann's doctors had recommended she not get pregnant again due to the possible strain the pregnancy would put on her health because of a

pre-existing brain tumor. Mann was pregnant at the time.

The doctors recommended in early 2015 that she undergo tubal ligation when she had her C-section procedure, according to the ACLU complaint.

"As a Catholic health-care system, we follow the ethical and religious directives of the Church. Beyond that, we can't comment on this patient's particular case," Johnny Smith, an Ascension Health spokesman,

said in a statement in response to the ACLU's complaint.

The U.S. Department of Health and Human Services' Office for Civil Rights did not immediately respond to request for comment.

In 2015, a Genesys hospital in Michigan refused to allow the procedure to be performed on Mann, 34, citing religious directives, the ACLU complaint said.



# NJ boys survive 100-ft. fall with suicidal father

John Spincken, 37, was found dead at the scene, but his 1- and 3-year-old sons were alive and taken to a hospital for treatment, according to Christopher DePuyt, a police captain in Pequannock, where Spincken lived.

Two young boys survived a 100-foot fall after their father leaped off a New Jersey bridge with them in his arms, police said on Tuesday.

The father, identified as John Spincken, jumped from an overpass along Interstate 287 in Wanaque, New Jersey, sometime after 7 p.m. on Monday in what police have described as a suicide.

The 1-year-old suffered a concussion, a bruised lung and a fractured rib, while his 3-year-old brother has a concussion, DePuyt said. Both were listed in

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fair condition at the intensive care unit at St. Joseph's Medical Center in Paterson and were expected to make a full recovery.

"It's a miracle, honestly," DePuyt said, adding that the boys' fall may have been slowed by foliage in the wooded area beneath the bridge.

A friend of Spincken's wife called the police just before 7 p.m., saying the couple had an argument before the husband threatened to harm the children and left with them in his car.

Police from several departments worked AT&T, Spincken's cellphone signal to find him. One officer suggested checking the bridge, where they discovered Spincken's empty car, DePuyt said.

The state had installed 10-to-12-foot preventive fencing on both sides after several previous suicide attempts, but Spincken may have used his car to climb over, DePuyt said.



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# Apple iPhone sales beat estimates

Apple Inc. sold more iPhones than Wall Street had expected in the latest quarter, and the company forecast higher-than-expected revenue for the critical holiday-shopping season.

The world's most valuable publicly traded company said on Tuesday it sold 45.51 million iPhones in the three months ending Sept. 24, beating the average analysts' estimate of 44.8 million, according to research firm FactSet StreetAccount.

However, it was the third quarter in a row of falling iPhone sales. Apple sold 48.05 million smartphones in the year-earlier period.

Apple forecast revenue of between \$76 billion and \$78 billion for the current quarter. Analysts, on average,



Customers attend the Apple iPhone 7 launch. GETTY IMAGES

had expected \$75.08 billion, according to Thomson Reuters.

Revenue in the latest quarter fell 9 percent to \$46.85 billion, the third straight decline.

That meant annual revenue fell for the first time since 2001, highlighting the slowdown in the smartphone market as well as intensifying competition, particularly from Chinese rivals.

Analysts had expected revenue of \$46.94 billion in the quarter, according to Thomson Reuters

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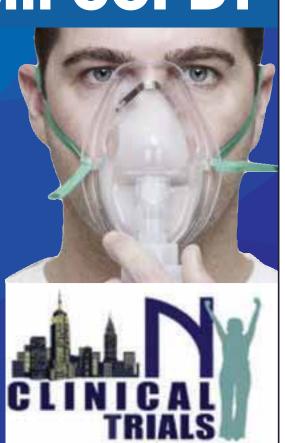
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# **Clinton warns** supporters against complacency in US election

Clinton received a further boost when Colin Powell, who served as Republican President George W. Bush's secretary of state, said he would vote for her, according to media reports.

Democratic presidential candidate Hillary Clinton warned her supporters on Tuesday against complacency as opinion polls show her holding a clear lead over Republican rival Donald Trump with exactly two weeks left until the Nov. 8 election.



Clinton told a rally in Florida, one of the battleground states where the election is likely to be decided, that Democrats cannot afford to slacken.

"I hope you will come out and vote because it's going to be a close election. Pay no attention to the polls. Don't forget, don't get complacent, because we've got to turn people out," she said in Coconut Creek, standing in front of a large sign reading "Vote Early."

An average of national polls on the RealClearPolitics website since mid-October gives Clinton a lead of more than 5 percentage points, as Trump fights off accusations that he groped women and faces heavy criticism for suggesting he might not accept the result of the election if he loses.

Trump denies the accusations of sexual misconduct and says the election is rigged against him,

although he has not cited widely accepted evidence to back that up.

On Tuesday, told Reuters that Clinton's plan for fixing the Syrian civil war would "lead to World War III," because of the potential for conflict with military forces from nuclear-armed Russia.

In an interview focused largely on foreign policy, Trump said defeating Islamic State is a higher priority than persuading Syrian President Bashar al-Assad to step down, playing down a long-held goal of U.S. policy.

Clinton has called for the establishment of a nofly zone and "safe zones" on the ground in Syria to protect noncombatants.

The two candidates have sparred in recent days over the U.S.-backed Iraqi military push to take the northern Iraqi city of Mosul from Islamic State, which Trump described as a "total disaster." REUTERS

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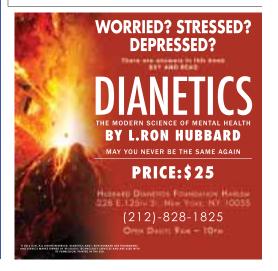
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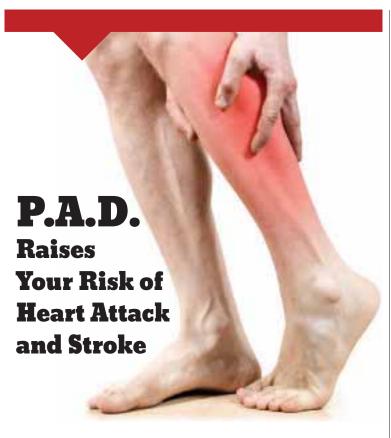
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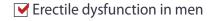
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# Ex-Oppenheimer adviser to plead guilty in US to insider trading

David Hobson, 47, will plead guilty in Manhattan federal court to conspiracy and securities fraud charges over conduct prosecutors said began while he was at Royal Bank of Canada unit RBC Capital Markets and then continued at Oppenheimer &

said in an email. A former investment adviser at an Oppenheimer Holdings unit plans to plead guilty to charges that he traded on inside information supplied by

a friend working at Pfizer,

Co. Inc., Michael

Bowers, his lawyer,



according to his lawyer.

Hobson, a Providence, Rhode Island, resident, would be the second individual to admit guilt in the case, after Michael Maciocio, Hobson's friend at Pfizer, pleaded guilty in May and reached a deal with prosecutors.

The case was nounced in June amid a resurgence of insider trading cases this year in Manhattan, where prosecutors have wrestled with a 2014 appellate ruling that limited the scope of insider trading laws.

According to prosecutors, Hobson and Maciocio engaged in an insider trading scheme from 2008 to 2014 based on information obtained by Maciocio, a director of chemical research and development at Pfizer.

In that job, Maciocio sometimes evaluated Pfizer's capacity to manufacture drugs being developed by other companies Pfizer considered potential acquisition targets or partners, authorities said.

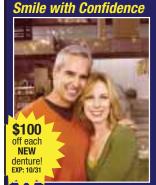
While Maciocio was not typically given the identity of a company in a potential deal, with Hobson's help he performed research to discern its identity, the indictment said.

After identifying the company, Maciocio then passed the information to Hobson, his stockbroker, who executed trades in accounts belonging to himself, Maciocio and clients of Oppenheimer and RBC, prosecutors said. REUTERS



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# Target to offer more deals, extend free shipping until January

Target Corp. will offer more deal-driven promotions and extend its free shipping window to January this holiday season as it looks to turn around performance in what has so far been a lackluster year for the retailer.

Target also expects consumer spending to remain robust in November and December despite uncertainty around the U.S. presidential elections. The holiday shopping season is an important time for retailers during which they earn an outsized portion of their annual profits and sales.

"We are looking at very low unemployment, fuel prices remain low, the commodity pressure on food is down," Chief Executive Officer Brian Cornell told reporters in a



Target seeks more sales. GETTY IMAGES

meeting on Tuesday. "The overall approach for the consumer is going to be positive this season."

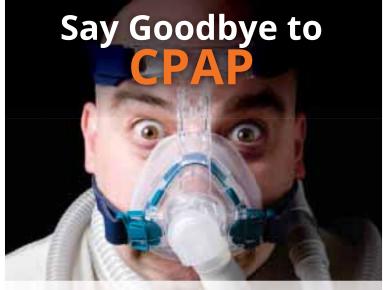
Improving performance during the holiday months is crucial for Target. After a slow first half of the year, the retailer has warned of flat or slightly lower same-store sales for the second half of 2016, as shoppers turn to the internet and spend on big-ticket items like cars and home renova-

tions, rather than small, discretionary purchases that make up the bulk of Target's offerings.

The Minneapolis-based retailer said it will offer more deals this year under its program Ten Days of Deals.

Target will also extend its free shipping offer until Jan. 1 this year from Dec. 25 last year and drop shipping fees for all online orders for a third year in a row. The retailer currently requires a minimum online order of \$25 to qualify for free shipping.

Free shipping boosted Target's digital sales growth to over 30 percent during the fourth quarter last year and is a key strategy that allows it to better compete with rivals like Amazon.com Inc. REUTEN



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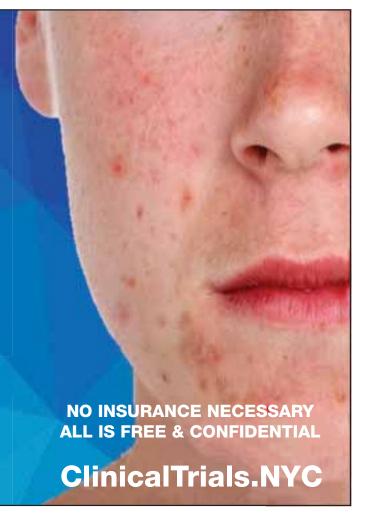
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# Why Aren't Doctors Telling About These Two Often

# Two Advanced Medical Treatments Every Knee Arthritis Sufferer

By NY Pain MD

NY Pain MD is a medical clinic with locations in Midtown NYC and Uptown NYC that has treated thousands of knee arthritis and joint pain patients.

Here is what every knee arthritis sufferer should know about the best treatments and options available today. Including when and why you should consider each of these 2 treatment approaches to get maximum results.

If you suffer with knee or other join arthritis pain, you have probably already tried many treatments ... especially countless pain medications. Experienced doctors understand that, even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for knee arthritis pain... they are rarely the answer over the longer term.

In most cases they have minimal results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

# **Are There Any Better Options?**

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis to help relieve the pain.

Two options that a lot of knee arthritis sufferers have never heard of.

Before we get into the two treatments, please understand this...

NY Pain MD is a well established medical clinic that has treated thousands of knee arthritis sufferers and joint and back pain sufferers. Patients travel from all over the area and even several states away from NYC to be treated at one of their clinics because they want the best medical treatments available. What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or non-medical treatments promoted on the internet.

Know this fact: There is no cure for arthritis. But there are these two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better results.

#### #1 Viscosupplementation

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into that,here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your knees

In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid." pharmaceutical companies (with the help of doctors) can now make *natural* synovial fluid gellike compounds that, during viscosupplementation treatments. Doctors can precisely introduce directly into the knee and other joints.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

# What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

#### But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. If the procedure is slightly off, the medication will not get into the knee joint and the treatment will not work. That's why the experts at *NY Pain MD* use Precision Arthritis Targeting Technology so they can actually see the lubricant going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without this technology can miss the joint as much as 30% of the time.

If you have tried viscosupplementation without this imaging technology without good results - this may be why.

That's why *NY Pain MD* takes it even one step further. They do not just use one step process of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

#### Another Important Factor

Viscosupplementation medications also come in several different "brands" and chemical make-ups. Just like all medications, some people respond better to one than another. So, the experts at *NY Pain MD* use several and great effort is taken to figure out what is the best one for YOU.

One last thing: The experts at *NY Pain MD* have found that earlier you start Viscosupplementation the better.

This is most likely because the longer you wait - the more joint destruction takes place.

That's why *NY Pain MD* is now seeing so many patients as young as 35 to 40.

**Summary:** If you have knee arthritis pain and have not tried. Viscosupplementation you should look into it as soon as possible.

If you have tried it without good results, you may still be able to get great results with the proper imaging and specific medication

#### What Should You Do If Viscosupplementation Fails?

When conservative treatment, including viscosupplementation fails ... most knee arthritis sufferers believe their only option is total knee replacement surgery.

# This is not true...and here is why

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

# **#2: Radiofrequency Treatment**

This treatment is technically called, "Radiofrequency Neurotomy." Or RF for short.

RF is a procedure that is based the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

# **Knee Arthritis Sufferers Successful Treatments?**

Needs To Know - Before Or After Knee Replacement Surgery

Several branches of nerves that surround the knee are known as "genicular nerves."

Radiofrequency waves are delivered to the genicular nerves under advanced imaging to "block" the nerve from transmitting pain signals.

There are two distinct parts to this treatment. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, then one to two weeks later, Radio Frequency waves are applied for term relief.

#### Is It Safe?

Research has shown this to provided significant relief for some patients. to procedure to be safe and effective.

One study published November 4, 2010 in the journal Pain found that RF treated subjects on average "achieved at least 50% knee pain relief at 1,4 and 12 weeks, respectively. No patient reported a post procedure adverse event during the follow-up period.

Some studies indiciate some patients may get years of relief in some cases. "RF neurotomy (radio frequency treatment) of genicular nerves leads to significant pain reduction and functional improvement in a subset of elderly chronic knee osteoarthritis pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all procedures, results will vary patient to patient

# Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and viscosupplementation do not offer good enough results.

RF can be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.

RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.

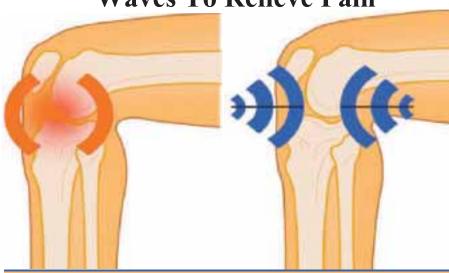
The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and give you relief.

#### What To Do Next If You Are In Pain

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof.

Advanced Treatment Uses
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Waves To Relieve Pain



Science rescues knee arthritis sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many. Many patients still in pain after a knee replacement may respond very well to these treatments allowing the possibility of avoiding additional surgery.

This way, the doctors working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

Several experts work as a team to offer you the best treatment options at the appropriate time to maximize results. It is also very convenient to have all your doctors and treatments in one place. Traveling to different offices can be time consuming and even more expensive.

**NY Pain MD** believes this "X" factor is one of the reasons so many knee arthritis sufferers travel from all over to be treated at their advanced medical clinics.

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## Kendall Jenner's stalker gets off

Kim is not the only Kardashian sister having a rough month. Nearly two weeks after her older sister was robbed at gunpoint in Paris, Kendall Jenner had to testify against an accused stalker, Shavaughn McKenzie, who showed up at her house in August and followed her into her gated driveway. Kendall was able to drive away and call the police. The intruder was then charged with stalking and trespassing.

But now the verdict is in, reports TMZ, and McKenzie has been convicted only of trespassing, clearly the lesser of the two charges. This obviously isn't good news for Kendall, who was so afraid after her run-in with McKenzie that she stayed with neighbors. What do security and privacy look

like for a family who has built their empire on being so public and easily accessible?

How can we "Keep Up" if now they want us to keep out? Don't ruin this for us, people.

Are Amber Rose and Val Chmerkovskiy dating?



birthday pool party over the weekend, and her "Dancing With the Stars" partner, Val

Chmerkovskiy, got the dating rumor mill going when he posted a photo of the pair looking pretty cozy on Instagram.

Val neither confirmed nor denied that the two were dating, but we think it's a bit of a reach. They just spent over a month intertwining their bodies on national TV. C'mon ... that warrants an invite to the birthday party. While some see the questionable kissy pic as evidence, we think it's just Muva being Muva. And Amber's thing for tattooed rappers makes her and Val seem like even more of a stretch.

But still — it's fun to speculate. And we can be all "we definitely saw this coming" if it turns out to be true.

## Chelsea Handler sticks up for bestie Jennifer Aniston

In a candid interview with Grazia Daily, Chelsea Handler talked about her new, grown-up talk show on Netflix and the issues that are important to her in this year's election. But the most satisfying bit from the 41-year-old comedian was her takedown of media outlets that have dragged her BFF, Jennifer Aniston, into the fold of the Brangelina divorce.

"It's so stupid and pathetic. As if Jen cares she doesn't care," Handler says. "It's ridiculous that people still drag her

into this. Hello, as if she is sitting around even caring about this." And we have to agree. It's a huge insult to Aniston to suggest that she's still praying for Brad to get his comeuppance 11 years — not to mention a new husband — later.

But if Aniston did cackle and have a drink to celebrate the end of Brangelina, we'd support that, too. Everyone deserves to be petty sometimes.



## Judge Judy owns a photographer while leaving dinner

Judge Judy is just as bold and demanding leaving dinner as she is behind the bench. The 74-year-old daytime-TV star was stopped by a TMZ reporter Monday night and asked if she had any plans to retire. It's clearly not something she has on her mind. She



answered with this sassy retort: "Do I look like I need to retire?'

If that clapback wasn't<sup>°</sup> enough, she completely shut him down while she signed an autograph, and made him snap a personal picture of her with an Australian couple.

Like. A. Boss. We have no objections.



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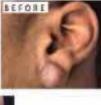
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# The church of Ry X

The Aussie artist brings his powerful, quiet energy to the main stage.



RACHEL RACZKA @rachelraczka

The shimmering emotive, genre-bending sounds of Australian singer-songwriter Ry X re-emerged in May with "Dawn," his debut from Infectious Records and Loma Vista Records. The artist, born Ry Cuming, already had a fan base to call his own thanks to a rather excellently aching 2013 EP and a song named "Berlin," that even Sam Smith couldn't resist covering. Now, side-project happy Ry X brings his solo act stateside, with an astute dedication to immerse his fans into his quietly soul-stirring world.

Your music evokes such hushed, intimate vibes - how do you recreate that on stage?

I think the most intimate thing you can do is be fully present with people. That's the big part of it. I set the tone before anything musically happens, with the lights and the way

things feel and the way things sound. I'm into curating a full experience, and intimacy comes with that. It's hard to play at big festivals when you're playing for 20,000-plus people. But in that context for us, when we're playing, no one talks during Ry X. It's a beautiful feeling.

When did creating a full experience become important to you as an artist? When did you decide that the live experience is more than just music?

It's a lot of who I am. It's important that its integrity is what I believe in creatively because everything becomes an expression. I want to spend as much of myself on these things. I see it as giving people a vision of how I interpret things. I think it takes a certain sense of maturity [as an artist] to get to that place.

Did you ever feel like a venue's vibe was out of your control? Where you just didn't think the actual location worked with your sound?

Yeah, of course. That happens sometimes,



Î'm honest with who I

but not as much anymore. In that state, it's important to go in and just focus on the music and connect. Like I said, it's hard to control the context in festivals. All you can do is connect with who you're playing with and it's amazing when they connect back. It's very humbling. Sometimes you lose the ability to stay intimate with an audience, and you just have to be honest. You have to deliver.

Do you think having a background in grunge music and performing that genre live affects your stage presence now as Ry X?

Yeah, even now, I have a couple projects and iterations so I can experience different energies on stage. I'm not stuck in one way of being, I think. I don't have to walk onstage and just perform. I can feel like

am. Those experiences from being in grunge bands have definitely helped me stay human on stage.

Can we talk about the single-take tracks on "Dawn," like "Only"? What drove your decision to record that way?

Half of the album was a single live take. It was just me in a room with one or two mics and a guitar. There's no way to edit that. There's no way to make it sound better. I love the finality of that.

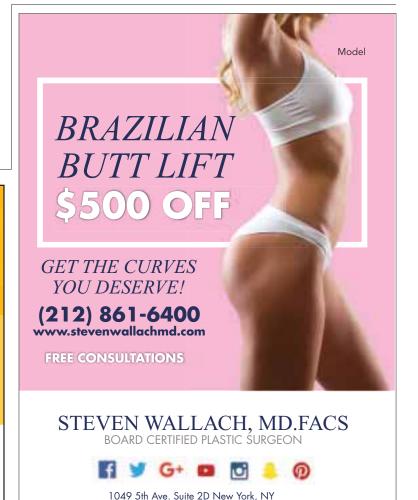
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# Please care about climate change again

Fisher Stevens talks about his Leonardo DiCaprio-starring doc "Before the Flood."



MATT PRIGGE

Fisher Stevens wants you to think about climate change. Even if you're just talking about it is fine. Because we don't anymore, not really. It's no longer at the forefront of political arguments. That's disturbing. Because in the decade since Al Gore's "An Inconvenient Truth," climate change has gotten worse. Stevens, a filmmaker ("Stand Up Guys") as well as a prolific actor (he might be best known for the "Short Circuit" movies), tries to make it a talking point again with "Before the Flood," which upgrades from stodgy Al Gore to pretty Leonardo DiCaprio. The film follows the Oscar-winner as he travels



Leonardo DiCaprio tries to educate us about climate change (again) in Fisher Stevens' "Before the Flood," which will premiere on National Geographic on Oct. 30 and be available on NatGeoTV.com free the same day. RATPAC DOCU NTARY FILMS. GREENHOUR CORPORATION

the globe, talks to experts and tries to get us worked up enough to take action.

We spoke to Stevens about how things have gotten worse.

It's really chilling that climate change never came up in the three presidential debates, except for a brief mention where Trump said he never called it a hoax created by China, which, of course, he did. What's even crazier is I read that in 2012

climate change never came up during the Romney-Obama debates. I find that really hard to believe, espe-

cially since Obama has become this environmental warrior. Hopefully

when Hillary's president she is going to not only take up where Obama left off but go further. And now that Roger Ailes is out of Fox News, I'm hoping they start to shift a little bit. A lot of this climate denialism is because of Roger Ailes. It wasn't always a bipartisan issue. Fox News tried to polarize it, then Breitbart jumped

on. It's really sad. George W. Bush, not that he was great with climate, but he certainly wasn't a climate denier. And his father really believed in the environment.

No offense intended here, but the existence of this

Inconvenient Truth" was a huge deal, but 10 years later and we're still at square one.

We're a lot worse off. We're better because solar and wind is so much cheaper. We're better off because of the Paris Climate Accords. Then again, that just happened and they don't even start some of it till 2018. And the population keeps growing. You can't breathe in New Delhi and other places. It's a bummer. [Laughs] No one took Al seriously.

One thing I really didn't know is what's happening in Miami Beach. The water levels are rising so much that streets are often flooded. The mayor has taken steps to combat this, but Senator Rubio is a climate denier, and so is the governor. You go to Miami and you feel climate change more than any place I've been in the United States, after Louisiana. When we filmed there, at night the water started seeping up where our hotel was. There was excrement floating down our street. That's why the mayor is so great: He says, "Come down to Miami Beach, see it first-hand."

Deniers grumble about not being able to always feel it, or they bring snowballs onto the Senate floor as proof that the planet isn't heating

That's why it's tough to get climate change in people's heads. Unless you really feel it right now, you don't give a crap about it.

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The film "Oasis: Supersonic" will screen twice tonight, Visit supersonic-movie.com for tickets and showtimes, A24

#### "Oasis: Supersonic"

**Director:** Mat Whitecross **Genre:** Documentary Rating: R



Subjects not breached in the Oasis doc "Supersonic": the band's rivalry with Blur, including the time Noel Gallagher said Damon Albarn and Alex Jones should "catch AIDS and die." Their infamous performance on "Unplugged," when Liam dropped out due to "laryngitis," only to spend the show heckling Noel from the balcony. Anything after 1996. We mention these glaring omissions not to bury "Supersonic" — a movie, incidentally, in which the word "Britpop" is never once uttered — but to perversely praise it. It's exactly the Oasis movie the battling Gallagher brothers would have wanted, and not just because they're executive producers. And in a way, that's a beautiful thing.

In the mid-'90s, Oasis hit a land-speed record for biggest climb followed by fastest

burnout. "Supersonic" has the unenviable task of defending the uncool, while asking you to spend time with a pair who were comparing themselves to the Beatles before their first album was even recorded. The latter hurdle is the easiest to overcome: The Gallaghers are hilarious. When reduced to contextless sound bites, these ball-busting Mancunians sounded tiresome; when given two hours to spread out their cheeky bile, it's easier to surrender to their peculiar blend of the cocksure and a soupcon of very English selfdeprecation — and to enjoy some obviously very choice one-liners.

Only covering a handful of wild (if hardly Zeppelin-level) years, "Supersonic" is a deepdive made in the intoxicating house style of producer Asif Kapadia ("Senna," "Amy"). That's to say, no talking heads invade the screen. Instead, our eyes are adrift in a sea of archival footage, with gutbusting testimonials fighting to be heard over the band's

thunderous sounds. Come for Noel's uproarious rant against employing drummers; stay to hear "Rock N' Roll Star" booming through movie-theater speakers.

By the end, even their boasting seems touching; heartbreaking, even. You watch a band often held together by Scotch tape and bubble gum — behold footage of their debut American show from 1994, in which they badly fumble through a set the night after taking meth for the first time — as they get so high on their fame that even they can't tell when they've reached peak Oasis. That came early, during their two-night sellout at Knebworth in 1996, with over a million turned away. "We should have stopped there," Noel says, wistfully. "Supersonic" could plod on, telling us all about "Heathen Chemistry," taking us all the way through (the apparently not bad) Noel Gallagher's High Flying Birds. Instead, it grants them their wish and just stops while the gettin's good. MATT PRIGGE



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# Down the rabbit hole



at the New Museum.



Lying in bed next to strangers is not something one does unless it's in an Ikea, or last night was a bit too much fun. Now, add experiencing purposely disorienting ways waiting for visitors to the Swiss artist's exhibit, which has taken over three floors of the New Museum. In the beds, part of the instal-lation "4th Floor to Mild-ness," visitors gaze up at screens on the ceiling, which takes the isolating experience of using your smartphone to "connect" with others and bringing back an element of real world intimacy. "The content of the show and how it's presented are in concert," explains curator Massimiliano Gioni. "The entire museum is morphing and changing."

Rist, whose work has made it to MoMA but is largely unknown to American audiences, is given plenty of room to roam with "Pixel For-est," and the results are as Insta-ready as they are a compelling argument that technology should be doing more to actually connect you with your world. Rist has been questioning the role of technology in our lives since her debut in 1986 — well before the internet was in our homes, let alone our hands.

"It's not a scholastic approach to an artist," Gioni says of the exhibit, describing the process of working with Rist "like getting to know Alice from 'Alice in Wonder-land.'"

Indeed, "Pixel Forest" takes you out of the world as you know it in every way. Videos put viewers underwater and inside a human body; a maze of diaphanous curtains serve as projection screens that also put fellow visiIf you go

Pipilotti Rist: Pixel Forest Through Jan. 15, 2017 New Museum, 235 Bowery \$16, newmuseum.org

tors in our line of sight, mixing reality and art; a white wall covered in household objects like plates and egg cartons is the canvas for a montage of suburban idyll, then turns into an alien landscape when the film cuts out.

The third floor's titular pixel forest is particularly surreal, a collection of hanging vines holding 3,000 glowing orbs that change and pulse with color corresponding to a video installation. "Imagine an LED screen taken apart, but the pieces are still showing images," explains Gioni. If you could step far enough away, they would coalesce into a picture; as it is, wandering among them is like being surrounded by a swarm of digital fireflies.

Instead of the tech phobia common in modern art, Rist explores the "ecstasy of communication," looking for ways technology can help connect us with our world by taking us places we can't go, reminding us of times that have passed and creating communal experiences. Gioni sums up her work as "very much an effort to connect bodies beyond screens," so be sure to bring a friend to experience the wonders of "Pixel Forest."

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Approximately 16,488 residential units are expected by 2020.



The glittering tower just beyond his reach on the Manhattan side of the East River meant just one thing to Vincenzo Cerbone: Long Island City's time had arrived.

The building that caught Cerbone's eye was the United Nations, completed in 1952, just in time for the Italian immigrant's 1954 arrival in New York. He soon opened a restaurant in Long Island City and in 1977 established another, Manducatis, which he still runs with his

wife Ida, son Anthony and grandchildren.

In the years since, many besides Cerbone predicted a renaissance for the industrial neighborhood that also was home to active drug and prostitution trades. The 1990 completion of Citigroup's 50-story tower at Court Square was but one of the events that would trigger a turnaround.

For Long Island City, the future is finally here. High-rise towers — completed and under construction — suddenly crowd the view from the Queensboro Plaza transit hub. In the last five years, 6,051 apartments were completed and another 16,488 units are expected by 2020, according to the Long

#### Crowded commute

Some commuters fear the new downtown will overload already crowded subways headed to Manhattan. Installation of a new signal system that allows for more frequent trains is supposed to provide some additional service and Lusskin says that residents' ability to walk to nearby workplaces should offset some of the increased demand.

Even new businesses are noticing the change. Mike Saccone, 46, and wife Adrienne, 44, opened the Commissary Market on Queens Plaza North in 2013, offering

Island City Partnership, which runs the area's sandwiches, salads and freshbaked goods to commuters and area workers. Now the couple plans to accommodate the new residents with the sale of wine, beer and sake, a new dining room that serves sushi, and a later closing time of 9 p.m.

The Saccones like the neighborhood so much that they are considering a move from the Upper East Side. It's actually a quicker trip for their two daughters to school near Union Square.

"Long Island City is a very convenient neighborhood," Mike Saccone says.

business improvement

"Long Island City was not ripe. But now, the fruit is ripe. Everyone is coming," says Cerbone, 86.

Office development is also underway. Opened in 2011, 2 Gotham Center is a 21-story building that houses 3,000 employees of the New York City Department of Health and Mental

Hygiene. Two more Gotham Center towers totaling 1.4-milllion square feet recently broke ground. All told, 3.5 million square feet of office space are in the pipeline by 2020, the Long Island City Partnership reports, double the existing 3.3 million square feet.

Unlike the New York state-sponsored water-front community at Hunter's Point launched in the 1990s, this new development is market driven and it's in the heart of Long Island City—a 37-block stretch from Queens Plaza south to Court Square.

Even with eight subway lines, the Queensboro Bridge and its tempting convenience to Manhattan, Long Island City needed a boost before it could boom. A 2001 zoning change raised the development ceiling, allowing a mix of commercial and residential towers in the low-rise neighborhood. Later on, New York City sponsored a facelift that included a new park at Queens Plaza and center median packed with trees and shrubs along Jackson Avenue.

The result has been a dramatic jump in housing costs. The median one-bedroom rents for \$3,100, up from \$1,850 in 2006, according to NeighborhoodX, a real estate analytics firm. The new housing is responsible for the rarified rents, with bargains in older buildings, though those too are rising, said Constantine Valhouli, the firm's co-founder.

The neighborhood is short on retail and other conveniences, however. Elizabeth Lusskin, president of the Long Island City Partnership, notes that an upscale grocer opened late last year and more will shops will come as the neighborhood grows. Many amenities are available in the surrounding neighborhood, Lusskin says, such as Moma PS1, a branch of the Museum of Modern Art, and major parks along the Hunters Point waterfront.

"It's finally going to fulfill its promise to be a really vibrant central business district for the city," she says.

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#### ON THE MARKET

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The 120-unit luxury condominium, at 27 stories, is slated to be the tallest condo tower in Long Island City when it's completed in 2017. Sales have just launched for The Harrison, which offers a mix of one-, two- and three-bedroom units, ranging from \$470,000 to \$2,500,000, as well as penthouses with garden space. Located near Court Square, the building distinguishes itself from surrounding glass towers with a masonry facade.



#### Luna LIC 42-15 Crescent St. lunalic.com

This boutique rental building, located in the Queens Plaza area, features 124 Units in 11 stories. Built in 2016, Luna LIC offers studios, one- and twobedroom apartments, and rooftop duplex penthouses with private terraces. Amenities include several commons spaces, such as a landscaped rooftop with skyline views, a residential lounge with entertainments areas, and a state-of-the-art fitness center.





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This contemporary art space aims to bring these works to a broad audience through its artists' retrospectives, site-specific installations, historical surveys and more art from around the U.S. and world. Moma PS1 also offers music and performance events, including Warm Up, an outdoor summer music series that is for LIC residents. 22-25 Jackson Ave. 718-784-2084, momaps1.org



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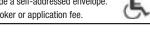
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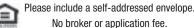
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spacious

doesn't mean much in NYC, the home is large by any standard with 4,000 square feet, seven bedrooms and bathrooms - including a massive master suite with private bathroom.

There is also a basement, two-car garage and large den on the third floor - with a wraparound patio and private driveway adding to the suburban feel of the home.

Built in 1905 by architect Benjamin Dreisler, who designed 16 homes in Prospect Park South, the house sits on a landscaped block and is surrounded by other impressive detached single-family residences.

The home still maintains some of its historic characteristics, including ionic columns, corner turrets, mantels and arched entryways.



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# It's playoffs or bust for Knicks

The Knicks have the pieces in place to make a legit run this season.



One game into their 2016-17 season, the Knicks are setting their long-term focus on trying to unseat the Toronto Raptors and Boston Celtics for Atlantic Division supremacy. Phil Jackson has constructed his most talented roster since being named team president in 2014, so the pressure is now on him to see this revamped roster perform and give the Garden faithful something to finally be proud of again.

Outside of staying healthy, the main catalyst for a Knicks' revival lands at the feet of Carmelo Anthony. The perennial All-Star has finally been bestowed a true penetrating point guard in Derrick Rose, who will be able to get him easier looks health withstanding, of course. It's been a few years since Anthony had that luxury. Knicks fans may need to hearken back to the Chauncey Billups (2010-11) and Jason Kidd (2012-13) years to find a true point



Kristaps Porzingis is entering his second NBA season, GETTY IMAGES

guard who commanded Anthony's respect and was able to keep the of-

fense flowing.

Rose can be that guy if all goes right physically. The former league MVP said he thinks he can get back to elite status, deeming it's "only a matter of time until I put it together." He added he "won't be surprised" when he and the team put it all together.

The Knicks enter this season with one of the more intriguing storylines in the NBA. They're not as good as the league's "Big 3" of the Cavs, Golden State Warriors and San Antonio Spurs. And they're probably not on par with the Raptors, Celtics and Indiana Pacers. But if all things check out, they could be that pesky, sneaky-good team

that's a tough out in the playoffs — along the lines of the Miami Heat, Portland Trail Blazers and Memphis Grizzlies.

Rose's backcourt mate will be Courtney Lee, who will also be making his debut, to-night. That backcourt will team with forwards Anthony and Kristaps Porzingis, and freeagent addition center Joakim Noah to form

a potentially explosive frontcourt. The bench will be comprised of youth and inexperience, with point guard Brandon Jennings leading the way. Jennings, who famously campaigned for the Knicks to draft him back in 2009, is finally playing in New York, but is coming off Achilles surgery, so it'll be interesting to see how he and all the new parts gel.

after straight seasons of missing the playoffs, thirsty Knicks fans should be a little patient as the team figures out its identity to Triangle or not to Triangle — a new head coach in Jeff Hornacek, and a roster that has nine new faces.

Anthony is straddling the line between optimism and caution.

"Everything good now on paper," Anthony said. "But it's not until we get on the court and start putting things together and seeing who fits with who and how it fits in."

However Hornacek decides to fit his up-tempo philosophy with Jackson's outdated system, Rose said the offense will be a "pick your poison" attack, considering who he has on the outside to knock down jumpers (Anthony, Porz-

#### Knicks notes

- Depending on the sports book, the Knicks have been given odds of winning the title between 100-1, 60-1 and in some places even 20-1.
- Jackson has 13 rings, 11 as a coach and two as a Knicks player, but is still searching for his first playoff berth as upper management.

ingis and Lee) and a battering ram of a center who is tremendous in the pick-and-roll (Noah).

There's no consensus that the Knicks will be a legitimate conference threat, let alone a league threat, but at the very least, they'll dramatically improve on last season's 32-win campaign. Rose is obviously biased, but he reasoned that these Knicks are poised for a breakout season.

"I'm very excited [because] we got a lot of great pieces," Rose said. "I think so [being a playoff team], but it's going to take us going out there and playing. I can sit here and say this and that, but doing it is more important.'

# Brooklyn looking to make the best out of brutal situation

The Brooklyn Nets enter this season at 1,000-1 odds to win the NBA championship, and that may be too generous.

Judging by the recent malaise this franchise has endured, the seemingly annual coaching upheaval, antsy ownership and the ill-fated Jay Z factor, it's no wonder Las Vegas doesn't have much faith in the team being anything more than an

But the Nets may be on the ever-slow upturn, if owner Mikhail Prokhorov can stay out of the way and let his new Spurs-themed regime take over day-today duties. The hiring of Kenny Atkinson as head coach and general

manager Sean Marks is a step in the right direction. Atkinson's hiring was lauded around the league, because as a lifelong assistant coach, he was a great bridge between the head coach and players, especially since Atkinson, 49, wasn't too far removed from a professional basketball career himself. A former Knicks assistant under Mike D'Antoni from 2008-12, Atkinson knows New York and the importance of bringing a winner to the city. While it won't be his task to do that for the Knicks anymore, he will bring that same verve and passion in trying to make Brooklyn into a respect-

The 6-foot-10 Marks played 12 years in the league and was the first New Zealand-born player to make it to the NBA, before heading upstairs and being mentored under San Antonio's management for five years. The Nets job is his first gig as the top man in a front office. Naturally, there will be early bumps in the road, but due to his tutelage under Spurs' general manager R.C. Buford, Marks is as able as any newbie to handle the rigors of lording over an NBA franchise — especially in that market and under that ownership.

The new lead man is defiant in calling this Nets season a wash before it already begins.



"By no means is this a wasted year. I think you can still get some things out of this year," Marks said. "We've got some

really talented young guys on this team that need to be developed. We've got a culture that needs to be set, and that starts from day one." Day one officially begins Wednesday when they visit Boston which won't be a pretty night for the visitors.

It's going to be ugly way before it starts to get pretty in Brooklyn, but the coaching staff and upper management feel that the foundation for success begins with how the youth is taught and how quickly the system is ingrained.

That means their biggest star, center Brook Lopez, needs to buy into Atkinson's 3-pointhappy, motion offense. Of course, new starting point guard Jeremy Lin is all-in, considering that's his preferred style of play. TONY WILLIAMS

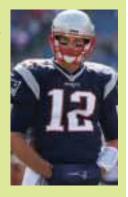
#### NFL power rankings | by Luke Miller

No. 1

#### **Patriots** (6-1)

No. 2





# Cowboys

The Cowboys can put some more distance between themselves and the second place team when Philadelphia visits Dallas for a battle of the NFL's two most successful rookie signal callers: **Dak Prescott and Carson** Wentz. Ezekiel Elliott will try and continue to make his case for NFL MVP.

No. 3

#### Seahawks (4-1-1) 🚄

A shocking miss from Stephen Hauschka kept Seat-. tle from stealing a victory despite being outgained by almost 200 yards. The disparity between offenses may be just as evident next week, when Seattle visits the Saints, who are averaging 29.3 points per game, or 11 more than the Šeahawks.

No. 4

#### **Vikings** (5-1)



The Vikings defense was up to its usual tricks in Philly, but for the first time this unit was outshone by the one on the other side of the field. The first loss diagnosis doesn't look too bad for the Vikings: The defense only allowed one scoring drive longer than 50 yards and the run game was effective.

No. 5

#### Broncos 🖫 (5-2)



Not that Broncos defenders were pushovers during the previous two losses, but this was the defense we expected to see all week, terrorizing Brock Osweiler for four quarters in his return to Denver. In addition, Trevor Siemian a outplayed the quarterback he replaced.

No. 6

#### **Eagles** (4-2)



The Eagles have now beaten the team in the top spot twice. Their two most dominating performances of the season have come at home against the Steelers and the Vikings, both undefeated teams at the time, and that has to bode well for this team facing big games in the future.

No. 7

#### Chiefs (4-2)



Jamaal Charles had just one carry against the Saints, but Spencer Ware's illustrious performance through six games has allowed Kansas City to be careful with Charles. Ware had another 131 total yards against New Orleans, which gives him 777 yards rushing and receiving through six games.

No. 8

#### **Raiders** (5-2)



Despite looking promising in early games, neither Jalen Richard nor DeAndre Washington delivered much offense in Latavius Murray's absence, and he established himself with two touchdowns Sunday. In more good news for the Raiders, they play at Tampa this week.

No. 9

#### **Falcons** (4-3)



There's no time to ruminate on goal line calls as the Packers come visiting in Week 8. But the tandem at running back in Atlanta is one to watch as Devonta Freeman was stuffed twice at the end of the game and Tevin Coleman outgained him despite having seven less carries against San Diego.

No. 10

#### Steelers (4-3)



It's really the perfect time for a bye for the downward-spiralling Steelers. Let Ben Roethlisberger continue to heal, recover from two consecutive losses and get two weeks to make sure they won't overlook the reeling Ravens, who have lost four straight games.

#### Best of the rest

11 — Packers (4-2)

12 — Bills (4-3)

13 — Cardinals (3-3-1) 14 — Chargers (3-4)

15 — Lions (4-3)

16 — Bengals (3-4)

17 — Redskins (4-3)

18 — Giants (4-3)

19 — Texans (4-3)

20 - Dolphins (3-4) 21 — Colts (3-4)

22 - Jets (2-5)

23 — Saints (2-4)

24 — Buccaneers (3-3)

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#### Across

- 1 Redness typified
- 5 Wingspread
- 9 Bamboo muncher
- 14 Clay pot
- 15 Actual 16 Mukluk wearer
- 17 Beat to a froth
- 18 Home furnishings
- 19 Overly trusting
- 20 Tryst
- 22 Saueeze
- 24 Young screecher
- 26 Born as
- 27 Like diet colas (hyph.)
- 30 Least wan
- 35 About bees
- 36 Berra of baseball
- 37 Golda of politics 38 Cookie sheet
- 39 Trounce
- 42 Country addr.
- 43 SASE, e.g.
- 45 Just
- 46 Kayak cousin
- 48 Go over the lines
- 50 Willow shoots
- 51 Compete at an auction
- 52 Regatta entrant
- 54 Floated down the street?
- 58 Grain cutters
- 62 Turk's neighbor
- 63 Magnum venue

1 6

8

# metro.us /games

65 Countess's husband

- 66 Bishop's law
- 67 10-4 buddy
- 68 1492 vessel
- 69 Open-back shoe
- 70 Follett and Howard
- 71 Large number

#### Down

- 1 Soup serving
- 2 Pre-college
- 3 Lamb's alias
- 4 Bland pudding
- 5 Walk

## metro.us/crossword

- 6 Trim a tree? 7 Mo. with no holidays 8 Robin's residence
- 9 Sounded on sonar 10 Disneyland site
- 11 Evening, to Pierre 12 Cheap nightspot
- 13 -- -- foot pole
- 21 Lake swimmers
- 23 Kind of ink
- 25 Dessert cart 27 Not now
- 28 Hazard a quess
- 29 Hoisting device
- 31 Sea, in a gale
- 32 Like a wolf's howl 33 Shankar's strings
- 34 Goes on safari
- 36 Sudden urges 40 Crowd
- 41 Undemanding, as a job
- 44 Beirut locale
- 47 Winter warmers
- 49 Helping out
- 50 Comes to mind
- 53 White as a sheet 54 Snapshots
- 55 Kazakh inland sea
- 56 Sari sporter
- 57 Wharf
- 59 Rain down, as arrows
- 60 Fish-eating flier
- 61 Burger side

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# metro.us/sudoku

#### 7 9 2 3 1 8 4 2 5 Q 6 2 6 7 2 3 1 5 4 2 6 1

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# metro.us/horoscopes



Aries If you look for a moneymaking opportunity, you will find one. A new job, contract or skill will lead to a higher income. An unexpected gift or windfall is apparent.



Taurus Get cracking. A hands-on approach to whatever you do will help you gain respect and give you the control you need to finish what you start and reap the rewards.

Gemini You need to be more careful when

dealing with matters that might affect your

income. Put your money in a safe place and



focus on positive personal changes. Cancer You don't have to do everything all at once. Set up a practical schedule and stick to it. Your tenacity and hard

work will pay off and impress onlookers.



Leo Take care of your health, wealth and emotional well-being. The changes you want to make will meet with opposition from someone who is jealous of you.



Virgo Emotions will be difficult to control and are best dealt with carefully. Acting on an assumption will only make things worse. Talk to someone you trust for guidance.

#### Yesterday's answers

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Can't wait until tomorrow to check vour answers? Visit metro.us



70

Libra Keep your thoughts to yourself. Situations will rapidly get blown out of proportion if you are too quick to criticize. Focus on yourself, not on trying to change others.

68



Scorpio Consider the consequences of an imminent decision before moving forward. A couple of changes on your part will make it easier to bypass opposition.



Sagittarius Be cautious when dealing with others. Counter anyone trying to interfere in your personal life. Make plans secretively and don't divulge your next move.

Capricorn An unexpected offer will have

its pluses and minuses. Don't toss aside

your strategy for someone else's wild



Aquarius Don't think about change when you can make it happen. You have what it takes to control any situation. Seize the moment and proceed full speed ahead.

idea. Put some effort behind your dream.



Pisces Your dedication to and involvement in events that can change history or influence your lifestyle will be appreciated and rewarded. Negotiate and move forward. EUGENIA LAST

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Hay dos formas en las cuales los neoyorquinos que viven en apartamentos de renta regulada pueden congelar su renta.

- Apartamentos de Renta Estabilizada: La Junta de Regulación de Renta votó por un aumento de 0% en renovaciones de contratos de renta a 1 año y un máximo de 2% de aumento en renovaciones de contratos de renta a 2 años. Esta regulación está vigente a partir de hoy y hasta el 30 de septiembre del 2017.\*
- El Programa de Congelación de Renta: Si usted tiene 62 años o más o tiene alguna discapacidad y sus ingresos son iguales o menores a \$50,000, podría ser elegible para una congelación de renta a largo plazo.

Para aprender más sobre la decisión de la Junta de Regulación de Renta o para determinar su elegibilidad para el programa de Congelación de Renta de La Ciudad de Nueva York, por favor llame al 311 o visite NYC.GOV/FREEZEYOURRENT Por favor, llame al 711 para el sistema retransmisor para personas sordas o con dificultad auditiva.







- Rent-stabilized apartments: The New York City Rent Guidelines Board voted for a 0% increase for one-year renewal leases and no more than a 2% increase for two-year renewal leases between now and Sept 30, 2017.\*
- NYC Rent Freeze Program: New Yorkers 62+, or with a disability, who earn \$50,000 or less may be eligible for an even longer rent freeze.

To learn more about the Rent Guidelines Board's decision or determine if you qualify for the NYC Rent Freeze Program, please call 311 or visit NYC.GOV/FREEZEYOURRENT

Please call 711 for relay service for deaf/hard of hearing.



